

ARMED FORCES DISPATCH



San Diego Navy/Marine Corps Dispatch www.armedforcesdispatch.com 619.280.2985
 Serving active duty and retired military personnel, veterans and civil service employees

SIXTY-FOURTH YEAR NO. 11
 SEPTEMBER 1-15, 2024



FEELING LUCKY Sailors pet Lucky, a therapy dog from the Alliance of Therapy Dogs, in the hangar bay on board Nimitz-class aircraft carrier USS Ronald Reagan as the ship prepares to depart Naval Air Station North Island, Aug. 10, 2024. U.S. Navy photo by MC2 Charlotte Dudenhoeffer

ROOSEVELT'S DEPLOYMENT EXTENDED

by Caitlyn Burchett, Stars and Stripes

WASHINGTON - The Middle East deployment of aircraft carrier USS *Theodore Roosevelt* has been extended following a weekend of Israel and the Lebanese militant group Hezbollah trading heavy fire, the Pentagon said Aug. 26.

“Given the tensions in the Middle East and given our commitment to continue to support Israel’s defense and deter potential aggression, the secretary did order an extension of *Theodore Roosevelt* carrier strike group,” said Air Force Maj. Gen. Pat Ryder, the top Pentagon spokesman.

Theodore Roosevelt and its strike group will remain in the Middle East, joining USS *Abraham Lincoln* and its escorts. The announcement marks the second time the U.S. has positioned two carrier strike groups in the region.

Defense Secretary Lloyd Austin said Aug. 25 on the social media platform X that two strike groups would be postured in the region. Ryder said Monday that the decision was made “over the weekend” but declined to say if the decision came before or after tensions between Israel and Hezbollah came to a head Saturday.

It’s unclear how long *Roosevelt*, which has already been deployed for eight months, will be extended, with neither Austin nor Ryder indicating a timeline for the extension. Historically, carrier deployments have been extended in 30-day increments.

“We will do everything we can to ensure we can meet our national security commitments, while also at the same time managing the finite resources that we do have around the world,” Ryder said.

Israel fired preemptive strikes Aug. 24, with Hezbollah launching drones and missiles after weeks of cease-fire negotiations and a hostage deal to at least temporarily end the 10-month Israel-Hamas war in Gaza.

The U.S. provided information, surveillance and reconnaissance support to Israel in tracking incoming Hezbollah attacks over the weekend, Ryder said. But the U.S. did not participate in the firefight; Ryder said Israel was able to defend itself with its own capabilities.

<https://www.stripes.com/branches/navy/2024-08-26/aircraft-carrier-middle-east-israel-iran-theodore-roosevelt-14981819.html>

HIGHEST RANKING MARINE PROMOTES CAMP PENDLETON CORPORAL

by Lance Cpl. Fabian Ortiz
 I MEF Information Group

CAMP PENDLETON - Lance Cpl. Esmeralda Velasquez stood tall with her eyes fixed forward on Marine Corps Commandant Gen. Eric M. Smith, standing three feet across from her. With both of their right hands raised in the air, the highest-ranking general in the Marine Corps promoted Velasquez on the spot to the rank of corporal.

This promotion, marking her transition to the first noncom-

missioned officer rank, signified a pivotal moment in her career.

In late July, Smith visited I MIG to discuss strategic objectives, tour the facilities and personally recognize the accomplishments of the Marines with the unit. During his visit, Velasquez’s exceptional performance was acknowledged by the commandant and he made the decision to meritoriously promote her on the spot.

Velasquez hails from Orangeburg, S.C., a small town

of 13,000 people. As a student, Velasquez was initially hesitant to enlist in the Marine Corps. After several candid conversations with her recruiter and a drive to challenge herself further, she discovered a confidence that was not present before.

Reflecting on those pivotal conversations, Velasquez recalls the recruiter’s words: “He said, ‘The Marine Corps opens up so many opportunities for you. I have confidence that you will become a great leader one day as long as you work hard.’”

Velasquez knew then that she wanted to become a Marine. She went on to graduate from Edisto High School as the only member of her class to enlist.

Velasquez showcased her potential early in her Marine Corps career, serving as squad leader during both Marine Corps Recruit Training and Marine Combat Training. These initial stages are crucial in shaping a

Marine’s core values and skills, and Velasquez excelled in learning leadership, combat strategy, and warfighting techniques. After completing her basic training, she graduated in the top five of her class at the administration school at Marine Corps Base Camp Johnson, N.C. She now serves as an administrative clerk with the I Marine Expeditionary Force Support Battalion, I Marine Expeditionary Force Information Group.

Gunnery Sgt. Carlton Reynolds Jr., her administration chief at I MSB, was quick to notice Velasquez’s work ethic upon her arrival to the unit. “Anytime the office gets busy, she would be the one that stepped up and took charge. She showed initiative to complete the tasks that needed to be done,” Reynolds said.

“It was something that I wasn’t expecting, so I was surprised when it happened,” said Velasquez.

Marine Corps Commandant Gen. Eric M. Smith, left, meritoriously promotes Lance Cpl. Esmeralda Velasquez to corporal at Camp Pendleton. U.S. Marine Corps photo by Sgt. Michael Virtue



Navy outfits aircraft carrier with first drone operations center

by Caitlyn Burchett, Stars and Stripes

The Navy recently outfitted an aircraft carrier with the first drone operations center, furthering the service’s high-tech pursuit into remotely piloted aircraft. The MQ-25 Stingray warfare center was installed aboard USS *George H.W. Bush*, which is based at Naval Station Norfolk, Va., according to an Aug. 15 announcement from Naval Air Systems Command. The MQ-25 Stingray, built by Boeing, is a tanker drone designed to refuel manned fighter jets in midair. Early next year, carrier *Bush* will put the warfare center to the test, leading the first at-sea trial of the center’s networks. The crew won’t operate a Stingray but will instead use the software to communicate with a simulated aircraft in a lab in Patuxent River, Md. The carrier-based warfare center lays the foundation for how the Navy will operate unmanned aircraft, said Capt. Daniel Fucito, manager of the service’s unmanned carrier aviation program. “These systems will initially support the MQ-25 but also future unmanned systems such as collaborative combat aircraft that comprise the air wing of the future,” he said. The Navy plans to install unmanned warfare centers on all Nimitz- and Ford-class carriers, making them Stingray-capable.

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Carl Vinson hosts enlistment ceremony, airpower demonstration on Family and Friends Day Cruise

STARS AND STRIPES - USS *Carl Vinson* welcomed aboard the friends and family of the crew on Aug. 17 as it set sail off the coast of Southern California.

The Nimitz-class aircraft carrier also welcomed 15 new Sailors, who took the oath of enlistment on the flight deck during a Family and Friends Day Cruise.

Rear Adm. Michael Wosje, commander of Carrier Strike Group One, presided over the enlist-

ment ceremony in front of by more than 3,000 Sailors, along with their family and friends.

"It's one of the most motivating things I get to do, stand with someone who affirms their support of the Constitution and its ideals," Wosje said.

"It would be amazing anywhere, but how cool is it to stand up in front of a huge crowd of fellow Americans on America's Favorite Aircraft Carrier and swear to support and

defend the Constitution and their way of life."

The new Sailors were part of the Navy Delayed Entry Program. Delayed entry is the military status gained by an enlistment in which a service member's entry on active duty or initial active duty for training is postponed for up to 365 days.

As part of the day, guests got to watch an airpower demonstration involving an F-35C Lighting II, assigned to the "War Hawks" of Strike Fighter Squadron 97.



Future Sailors enlist into the Navy on the flight deck aboard aircraft carrier *Carl Vinson* while underway for a Family and Friends Day Cruise on Aug. 17. U.S. Navy photo by Analice Baker

B-2 returns to Edwards on 35th anniversary of first flight

by Mary Kozaitis, 412th Test Wing
Edwards Air Force Base revisited a significant chapter of aviation history with the return of the B-2 Spirit recently, 35 years since its first flight from Air Force Plant 42, in Palmdale, Calif., to Edwards.

The Spirit of Pennsylvania, returned to the heart of the Aerospace Testing Universe, where many firsts for technological advancements take place. The reintroduction of the B-2 to a test environment is not only nostalgic, but a careful first step

toward new experiments and technological upgrades that will ensure it remains a vital asset in the Air Force's fleet.

In addition to functional upgrades, a focus for the new campaign will be testing the integration of open mission systems architecture, known as Spirit Realm 1.

Assistant Director of Operations with the 419th Flight Test Squadron, Maj. Stephen Henderson, flew the B-2 back to Edwards on its anniversary.

"This is the first time that we

are going to do agile software development with Spirit Realm, so that is a big change for us," he said. "We are projected to work on that heavily this fall."

Spirit Realm 1 provides mission critical capability upgrades to the communications and weapons systems via an open mission systems architecture, directly enhancing combat capability and allowing the fleet to initiate a new phase of agile software releases.

"Regenerating flight test is an exciting time for the B-2 as we

begin fielding new capabilities through the B-2 Spirit Realm software factory ecosystem and work hand in hand through the Combined Test Force," said Jerry McBrearty, vice president and B-2 program manager, Northrop Grumman. "The agile framework methodology within SR 1 directly supports the Air Force's initiative to adapt new capabilities in the aircraft, executing the mission today."

Improvements to aircrafts position the U.S. at a stronger stance to defend the nation as it

continues to face challenges in an era of Global Power Competition. The B-2's return is also a symbolic commitment to maintaining technological superiority. Upgrades and future tests will ensure that the aircraft remains competitive in modern warfare.

"It's a very big deal that higher levels in Air Force leadership decided we would be able to get the test jet back because the B-2 has a small fleet dynamic," Henderson said. "So the fact that they were willing to give up

one of their jets to do test really speaks to the importance of what we are looking to accomplish and hopefully get those new capabilities out to the warfighter as quickly as possible."

Execution of test will be led by a Combined Test Force consisting of the 419th FLTS, Air Force Operational Test and Evaluation Center, and prime contractor Northrop Grumman.

<https://www.edwards.af.mil/News/Display/Article/3884552/b-2-returns-to-edwards-on-35th-anniversary-of-first-flight/>

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"Congratulations to my fellow dragon swimmers at NAS North Island Aquatics!"

Brown visits Middle East partners, allies amid rising regional tension

by Matthew Olay
DOD News

Chairman of the Joint Chiefs of Staff Air Force Gen. CQ Brown, Jr., last weekend embarked on a three-country visit throughout the Middle East aimed at demonstrating the long-term U.S. commitment to the region as well as furthering his understanding of various perspectives concerning ongoing Middle East tension by engaging with U.S. partners and allies throughout the region.

Brown began his trip by engaging with key leaders in Jordan on Saturday, and he intends to hold discussions with counterparts and other officials in Egypt and Israel in the coming days.

“Over the next few days ... Gen. Brown will continue to stress the importance of deterring further escalation of hostilities, protecting U.S. forces in the region, U.S. support of Israel’s self-defense, and a coordinated effort in providing humanitarian assistance to the civilians,” reads a statement from the chairman’s office.

“As ceasefire negotiations



Air Force Gen. CQ Brown, Jr., chairman of the joint chiefs of staff, meets with Maj. Gen. Yousef Al-Hnaity, Jordanian chairman of the joint chiefs of staff, in Amman, Jordan, Aug. 24. U.S. Navy photo by Chief Petty Officer James Mullen

continue,” the statement goes on, “the chairman’s visit is reflective of the importance of reaching an agreement that returns the hostages, ends the violence and allows the entire region to focus on the next steps toward a more secure, stable Middle East.”

Speaking to members of the media while in route to Jordan last week, Brown said that part of his mission engaging with his counterparts in the coming days will be to determine whether a

ceasefire will “bring down the temperature” in the region.

“It’s going to take a collective effort from across the region to bring down the temperature [and to] to increase security,” Brown said.

“And at the same time,” he continued, “as I talk to my counterparts, [I ask about] the types of things we can do to deter any type of broader escalation, and to ensure we’re taking all

the appropriate steps to ensure we’re not going into a broader conflict.”

As an example of this, Brown noted that the U.S. has recently added additional military capability to the region “to send a strong message to deter broader conflict.”

Such capability in the region includes the USS *Abraham Lincoln* Carrier Strike Group, which recently arrived in the U.S. Central Command area of responsibility, the Pentagon announced Aug. 22.

The *Lincoln* group joins the USS *Theodore Roosevelt* Carrier Strike Group in the region, bolstering additional assets in

U.S. and Italian naval forces conduct bilateral operations

PHILIPPINE SEA - The U.S. Navy and Italian Navy convened to conduct bilateral operations in the Philippine Sea in support of a free and open Indo-Pacific, Aug. 18-21.

Participants included destroyer USS *Dewey*, flagship of the Italian navy aircraft carrier ITS *Cavour*, and Italian Navy Carlo Bergamini-class frigate ITS *Alpino*.

Centcom’s AOR that now include an Air Force F-22 Raptor squadron and Ohio-class cruise missile submarine USS *Georgia*, which the Pentagon stated is also operating nearby.

“What’s paramount is the protection of our forces,” Brown said. “We have to make sure we posture to [not only] deter a broader conflict, but also to protect our forces.”

Regarding his overall role as chairman and the importance of staying engaged with regional partner and allies, Brown emphasized the importance of in-person interaction.

“I’ve got quite a bit of experience in the Middle East engaging

“The multilateral operations we conduct with our allies and partners in this theater are strengthening our capabilities and keeping our skillsets sharp,” said Vice Adm. Fred Kacher, commander, 7th Fleet. “As we recently demonstrated with the *Abraham Lincoln* Carrier Strike Group and Italy’s *Cavour* Carrier Strike Group, both our nations recognize the importance of a

with our partners,” Brown said. “And it helps to spend more than just a phone call, but to go face-to-face from across the table—I get to hear their perspective and they get to hear mine.”

A service member and two civilians sit around a wooden table that has one small U.S. flag and one small Israeli flag atop it.

“[One] can always pick a reason not to show up, but I think it’s important that I do.”

This is Brown’s second trip to the Middle East region since he became chairman of the joint chiefs in October of 2023. His first visit was to Israel with Secretary of Defense Lloyd J. Austin III in December of that year.

free and open Indo-Pacific and the role our navies play in preserving the peace and stability here.”

The two navies conducted fixed-wing air defense training and combined anti-submarine warfare exercises, as well as subject matter expert exchanges across the participating ships.

<https://www.navy.mil/Press-Office/News-Stories/Article/3882487/>

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Climate change is crisis for entire planet, deputy secretary says

by C. Todd Lopez
DOD News

Climate change affects the entire planet, said Deputy Defense Secretary Kathleen Hicks, and no one nation can solve the problem on its own - not even the United States.

During the "Climate and Defense Summit of the Americas," held Aug. 22-23 at the Naval Academy in Annapolis, Md., civilian and military leaders, scientists, and emergency response experts from South America and North America - including Central America and the Caribbean - met to address the defense and security challenges that climate change poses and to enhance regional cooperation.

The summit, co-hosted by the Office of Arctic and Global Resilience and the Office of Western Hemisphere Affairs within the Office of the Undersecretary of Defense for Policy, brought together leaders from more than 26 nations to discuss the challenge of climate change.

"Climate change is a global security issue. It knows no borders, nor boundaries. It respects no sovereignty, and it can't be reasoned with," Hicks said during the summit, adding that the U.S. has co-hosted several events in the past several months, including in Barbados, Peru and Honduras, to discuss how to integrate resilience into defense strategies and to conduct security cooperation efforts

that focus on developing climate resilience.

"One thing is clear," she said. "None of us can tackle the climate challenge alone. We have a better chance [of] tackling the threat when we find ways to confront it together."

Within the defense community, Hicks said, a top concern for officials has been securing national interests in the face of climate change effects such as heat waves, flooding and storms.

"The U.S. national security community has been clear-eyed about these challenges for decades," she said. "Earlier this year, the U.S. intelligence community released its annual as-

essment on the effects of climate change for our world, highlighting how it exacerbates risks in global health, deepens economic challenges, and could lead to global unrest. We have to adapt with common purpose to the threat that climate change poses."

At DoD, she said, the readiness of America's military is of primary concern. "We've taken climate change into account in everything we do at every level," she said, pointing to the Department of Defense Climate Risk Analysis in 2021, as an example of the department's efforts to assess the strategic risks of climate change.

<https://www.defense.gov/News/News-Stories/Article/Article/3882146/climate-change-is-crisis-for-entire-planet-deputy-secretary-says/>



EARLY BIRD BRIEF

Army

- Suspended Army 4-star asks for command back after pressuring panel to prop up career of unfit subordinate
- Fort Cavazos Soldier faces murder charge in shooting death of civilian

Navy

- Amphibious transport ship USS *San Diego* heads to Japan for new assignment
- Navy could sideline 17 support ships due to manpower issues
- Navy research unit seeks volunteers for COVID-19 study at Tokyo-area bases
- Italian carrier strike group, USS *Dewey* drill in Philippine Sea
- Guided-missile destroyer makes Navy's first trip through Taiwan Strait in over 3 months

Marine Corps

- Marine arrested for ramming into cop car, speeding and doing 'donuts'
- Japan restarts fill-material deliveries for controversial Marine airfield on Okinawa
- Marines searching for AI-enabled sensors to detect and track unmanned systems, other targets

Air Force

- Flaw in Osprey gears was known a decade prior to deadly Japan crash, internal report shows
- Air Force weighs capabilities of BlackFly eVTOL as aircraft wows crowd, stops drivers in Ohio
- Air Force opens the door to competition for new ejection seat
- Air Force Raptors hone combat skills over South China Sea alongside Singapore fighters
- After refueling mishap, KC-46 drops 'portion' of its boom

Space Force

- First batch of Space Force guardians finish honor guard training

Veterans

- Two top officials at Buffalo VA hospital reassigned pending investigation into treatment delays

September 2024 monthly observances

AKC Responsible Dog Ownership
All American Breakfast
Attendance Awareness
Attention Deficit
Hyperactivity Disorder Month
Atrial Fibrillation Month
Baby Safety Month
Backpack Safety America
Be Kind To Editors & Writers
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Bourbon Heritage Month
Children's Good Manners
Childhood Cancer Awareness Month
Cholesterol Education Month
Classical Music Month
College Savings Month
Craniofacial Acceptance

Eat Chicken Month
Fall Hat Month
Global Pulmonary Fibrosis Awareness Month
Go Wild for California Wild Rice Month
Great American Low-Cholesterol, Low-fat Pizza Bake
Gynecology Cancer Awareness
Happy Healthy Cat Month
Histiocytosis Awareness
Hunger Action Month
Hydrocephalus Awareness
Intergeneration Month
Int'l Guide Dogs Month Link
Int'l People Skills Month
Int'l Self-Awareness Month
International Speak Out Int'l

Strategic Thinking Month
Int'l Square Dancing Month
Int'l Women's Friendship
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Mesothelioma Awareness
Mold Awareness Month
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Nat'l Americana Month
Nat'l Bake & Decorate Month
Nat'l Be A Food Hero
Nat'l Campus Safety Awareness Month
Nat'l Cheese Month
Nat'l Chicken Month

Nat'l Child Awareness Month
Nat'l Childhood Obesity Awareness Month
Nat'l Chiari Awareness Month
Nat'l Coupon Month
Nat'l Disease Literacy Month
Nat'l DNA, Geonomics & Stem Cell Education Month
Nat'l Food Safety Education
Nat'l Family Meals Month
Nat'l Fruit and Veggies
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Armed Forces Dispatch
published by Western States Weeklies, Inc.
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Editor.....Scott Sutherland

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Navy Career Development Symposium coming to San Diego

by Petty Officer 2nd Class
Dallas Snider

MILLINGTON, Tenn. - The MyNavy HR Career Development Symposium (CDS) is coming to San Diego Sept. 9 to Sept. 11, 2024.

CDS is an opportunity for Sailors to directly interact with MyNavy HR representatives, and learn important career-enhancing information. Sailors can meet with their detailers, enlisted community managers, and command pay and personnel administrators. CDS is also an opportunity to learn about professional development opportunities like the U.S. Naval Community College, Navy COOL, and MyNavy Coaching.

Naval Base Point Loma, Naval Base San Diego and Naval Base Coronado will host CDS on different days and each event will start with an all-hands call with Chief of Navy Personnel Vice Adm. Rick Cheeseman, and Commander, Navy Personnel Command Rear Adm. Wayne Baze, their senior enlisted counterparts, and other MyNavy HR leaders.

CDS provides an opportunity for Sailors to take surveys, ask



NAVAL STATION ROTA, Spain (May 6, 2024) – Lt. Meagan Morrison, a public affairs officer assigned to Chief of Naval Personnel, speaks with Sailors as they take part in a survey focused on Navy internal communication methods during a recent MyNavyHR Career Development Symposium. Hosted by Navy Personnel Command, the symposium equipped Sailors with knowledge about career benefits and opportunities and provided the opportunity to speak directly with leaders, detailers, community managers, and program representatives. U.S. Navy photo by MCC Zachary Anderson.

questions and give feedback on Navy personnel policy.

“CDS is about providing Sailors with invaluable insights into career planning, access to critical resources, and personalized guidance to navigate their future in the Navy,” said Baze. “We invite Sailors to play an active role in their career and share their feedback to ensure MyNavy HR continues to deliver unwavering support necessary for successful

career management.”

CDS at Naval Base Point Loma will start at 8 a.m., Sept. 9 with an all-hands call at the base gym. CDS at Naval Base San Diego will start at 8 a.m., Sept. 10, with an all-hands call at the base theater, followed by events at the Pier 2 parking lot, Liberty Center Conference Room, Bldg. 55 Independence Room and the base headquarters building. CDS at Naval Base Coronado

will start at 8 a.m., Sept. 11, with an all-hands call will be at the Lowry theater, followed by events at the Vice Adm. Martin

Gym, Chapel Sanctuary, Galley Conference Room and Chapel Fellowship Hall.

To view the full schedule of

events for all three days, visit: <https://www.mynavyhr.navy.mil/Career-Management/Talent-Management/CDS/>.

Boarding school scholarships for military children

Application Season Open
September 1st for Fall 2025
enrollment

Dispatch columnist Lisa Molinari is co-founder and Executive Director for Orion Military Scholars Program. This is a boarding school scholarship program, which provides military children with the opportunity for stable, uninterrupted high school experiences regardless of where their active duty parent gets stationed.

If you are the child of an active duty (active component) U.S. military service person, but you don't want to change schools during your high school years due to your parent's military orders, you can apply to Orion Military Scholarships for the opportunity to attend a top U.S. boarding school for a stable, uninterrupted high school experience.

Through a combination of merit scholarship funding, fi-

ancial aid, and enrollment assistance, Orion Military Scholarships helps military children apply to and enroll in top US boarding schools that support military families. The stable education provided by Orion's partner schools helps military children stop moving, so they can start thriving.

Eligible applicants are currently in 8th or 9th grade, from active component U.S. Army, Navy, Air Force, Marine Corps, Coast Guard, or Space Force families of any rank, at any location

To apply, go to <https://www.orionmilitary.org/how-to-apply>.

Online application package includes the following:

- Application
- English Teacher Recommendation

- Math Teacher Recommendation
- Principal/Counselor Recommendation
- Transcript (Grade) Report
- Optional Special Recommendations

Application packages must be submitted no later than December 1, 2024

Orion Scholarship decisions will be announced in early January 2025

Questions? Inquire at applied@orionmilitary.org.

Visit <https://www.orionmilitary.org/> to familiarize yourself with Orion Military Scholars Program, and watch the latest video featuring Orion's current Military Scholars.

Orion Military Scholarship Fund, Inc. is a tax-exempt IRS 501(c)(3) public charity dedicated to providing stable educations for military children.

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Local Military

USS SAN DIEGO CHANGES STATION, JOINS FORWARD DEPLOYED NAVY IN JAPAN

San Diego will replace USS Green Bay, also a San Antonio-class amphibious transport dock ship, which has been forward deployed to Sasebo for a decade. Green Bay will return to the United States at its new homeport of San Diego.



Amphibious transport dock ship USS San Diego (LPD 22) left San Diego, Aug. 14, for Sasebo, Japan, to join the Forward-Deployed Naval Forces-Japan (FDNF-J). This is a permanent change of station for the crew and family members.

USS San Diego leaving San Diego Aug. 14 for Sasebo, Japan. U.S. Navy photo by MCC Mark D. Faram

San Diego will replace USS Green Bay (LPD 20), also a San Antonio-class amphibious transport dock ship, which has been forward deployed to Sasebo for a decade. Green Bay will return to the United States at its new homeport of San Diego.

the most capable units forward in the Indo-Pacific Region.

"USS San Diego is prepared for this move. Being forward deployed will be very rewarding for the crew and families. We appreciate all the support and fond memories of the City of San Diego, but it's time for the city's namesake USS San Diego to lead the charge. America is counting on us to deter aggression, defend our national security interests, and preserve our way of life," said Capt. David Walton, San Diego commanding officer.

The forward presence of San Diego supports the United States' commitment to the defense of Japan, enhances the national security of the United States and improves its ability to protect strategic interests. San Diego will directly support the Defense Strategic Guidance to posture

San Diego was commissioned May 19, 2012, and has been stationed in San Diego for 12 years. The ship's motto is "Semper Vigilans," or "Always Vigilant." Its crest, adapted from the City of San Diego's coat of arms, recalls the city's origin as a mission settlement. The mission bell has been replaced with a ship's bell, acknowledging the city's

long-standing connection to the maritime industry and the U.S. Navy. The palm wreath signifies honor and victory.

Maintaining an FDNF capability with the most advanced ships supports the United States' commitment to the defense of Japan and the security and stability of the vital Indo-Pacific region.



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WELCOME HOME

TO OUR RETURNING SAILORS & MARINES

Somerset, Halsey return from separate deployments

SAN DIEGO – Sailors and Marines assigned to amphibious transport dock *Somerset*, and Sailors assigned to destroyer *Halsey*, returned here recently after completing separate deployments

USS Somerset (LPD 25)

More than 1,400 Sailors and Marines participated in a wide range of joint and combined exercises, showcasing the ready and responsive combined-arms team of the Navy and Marine Corps, capable of responding quickly and decisively to a wide array of military operations.

"*Somerset's* motto is 'courage through adversity,' and I can think of no crew that better exemplifies that ethos than the combined Navy-Marine Corps team that have called this ship home for the past seven months," said Capt. Andrew Koy, commanding officer of *Somerset*. "I have no doubt that the numerous multilateral exercises in which *Somerset* participated played a key role in strengthening international partnerships and alliances throughout the Western Pacific."

Exercises such as Cobra Gold, Tiger Triumph, Balikatan, Cooperation Afloat Readiness and Training (CARAT) Indonesia, Tiger Strike, and Rim of the Pacific (RIMPAC) 2024, reinforced America's commitment to allies and partners throughout the Indo-Pacific region and increased force interoperability.

USS Halsey (DDG 97)

Hit hard, hit fast, hit often - motto of USS *Halsey* - represents the fighting spirit of the ship's Sailors who returned home after a seven-month deployment to the 7th Fleet.

Families and loved ones welcomed the sailors on the pier and celebrated their return home.

Halsey departed here on Jan. 10 as part of the *Theodore Roosevelt* Carrier Strike Group, serving as a carrier escort before detaching to conduct operations across multiple warfare areas to provide regional stability and support a free and open Indo-Pacific. The Theodore Roosevelt CSG also went to the Red Sea to secure the Middle East from Houthi attacks.

Cmdr. Sara Lynch, *Halsey's* skipper, said the ship's crew operated successfully in different operations with allies and partners from around the world while deployed. "I'm tremendously proud of our Sailors' sense of ownership and dedication to each other and the mission," she said.

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SAN DIEGO BOUND: Littoral combat ship USS *Kingsville* commissioned in Corpus Christi

from Commander, Naval Surface Force, Pacific Fleet CORPUS CHRISTI, Texas - The Navy commissioned Independence-variant littoral combat ship USS *Kingsville* (LCS 36) at the Solomon P. Ortiz Center here Aug. 24.

In the week preceding the ceremony, the crew built ties with their namesake city and visited the King Ranch for a luncheon at the Henrietta Memorial Museum and a tour of the historic ranch.

The crew visited with the mayor of Kingsville, the ship's sponsor, Katherine Kline, and her parents Dr. Rich and Mrs. Sue Sugden.

The Navy prides itself on a strong tradition of the relationship between a ship and their namesake community or family. These enduring ties at the beginning of Kingsville's service will strengthen bonds between the ship and the communities of Kingsville and its commission-

ing location of Corpus Christi.

Leaders and distinguished guests wished the crew of *Kingsville* fair winds and following seas as they brought the ship to life and began its commissioned service.

"A ship commissioning is one of the ways the U.S. Navy keeps itself tied to the nation it serves. It's why we name ships

after cities and states. And what better moment to celebrate our long and intimate relationship than commissioning a ship named after Kingsville," said Assistant Secretary of the Navy for Financial Management and Comptroller Russell Rumbaugh. "This ship will provide maritime security in each of our fleet operations. We in the Department of the Navy are proud of the littoral combat ships."

Kingsville's commanding of-

ficer, Cmdr. Ludwig Mann III, reported the ship manned and ready, and ship sponsor, gave the traditional order to "Man our ship and bring her to life!" Helping to welcome the ship to the fleet, T-45C aircraft assigned to VT-21 at Naval Air Station Kingsville flew over the ship as the crew ran aboard the ship - bringing her to life.

"This experience is a unique one and should be cherished.

You will create a culture that I am sure will last as the Kingsville way for decades to come," said Vice Adm. Brad Skillman, deputy Chief of Naval Operations for Integration and Capabilities and Resources. "To the triad - Cmdr. Mann, Cmdr. Kavanaugh, Command Senior Chief Moran - I also know you and the crew are ready to get out there and do the Navy and the nation's business around the globe. Tough and confident, go get them."



BOAT RESCUE Marines with 7th Engineer Support Battalion, 1st Marine Logistics Group, remove debris from White Beach at Camp Pendleton Aug. 23, 2024. 7th ESB provides mobility, countermobility, survivability, general engineering, and explosive ordnance disposal support to I Marine Expeditionary Force. U.S. Marine Corps photo by Lance Cpl. Jeslianne A. Torres



AT THE FESTIVAL A mother takes a photo of her child sitting in a Marine Corps Joint Light Tactical Vehicle during the 69th annual San Clemente Fiesta Music Festival at San Clemente Aug. 11, 2024. Marines with 2nd Battalion, 11th Marine Regiment, 1st Marine Division, participated in the festival to showcase tactical vehicles and offer interactive displays and demonstrations to local residents. U.S. Marine Corps photo by Lance Cpl. Alexis Ballin



TOPSIDE WORK Sailors conduct preventative maintenance on the flight deck aboard Nimitz-class aircraft carrier USS *Carl Vinson* Aug. 22, 2024. *Vinson* is currently pier-side in its homeport on Naval Station North Island San Diego. U.S. Navy photo by MCSN Kenneth Ostas

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1st CEB recognized by Marine Corps Engineer Association

by Sgt. Alexandra Munoz
1st Marine Division

Marines and Sailors of 1st Combat Engineer Battalion, 1st Marine Division, known as the "Super Breed," have been honored as the combat engineer unit of 2023 by the Marine Corps Engineer Association.

This marks the second consecutive year the battalion has been selected as the unit of the year by the MCEA, an organization that advocates for the combat engineer community within the Marine Corps and recognizes exceptional achievements among individual engineers and units.

"This award is an acknowl-

edgement of the hard work that the Marines and Sailors of the battalion do on a daily basis," said Lt. Col. Tyrone Barrion, the commanding officer of 1st CEB. "Anywhere there are 1st Marine Division units, there are usually 1st CEB Marines and Sailors in that formation."

In the past year, the battalion has deployed roughly 500 Marines and Sailors in support of every division exercise across the globe, to include Marine Rotational Force – Darwin; the 13th, 15th, and 31st Marine Expeditionary Units, and three deployments to Okinawa.

"A lot of times when they're

attached to the different battalions within the division, they are just an attachment, and they don't really get the acknowledgement that I think they deserve with their work," said Sgt. Maj. Nicholas Carrel, the battalion sergeant major of 1st CEB. "This just shows the impact of the day-in and day-out effort that they're putting out."

According to Barrion, much of the battalion's success can be attributed to the extensive revamp of its training program, which focused on small unit engineer tactics and techniques. The Sapper Leader's Course was one of the main highlights, which all team and squad leaders were required to complete. This initiative quickly enhanced the battalion's structural competency by standardizing techniques, tactics, and procedures.

"I hope what it signifies for the future is that other Marines are looking at trying their best to become that person recognized, because in addition to the battalion being recognized, we actually had a Marine who was identified as utility Marine of the year," noted Barrion.

<https://www.dvidshub.net/news/479417/1st-ceb-recognized-marine-corps-engineer-association>

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by **Russell Gloor**

Ask Rusty – Does Some of my Social Security Payment Include Repayment of my Contributions?

Dear Rusty: I have a question about my Social Security benefits. Would I be correct to assume that part of the monthly Social Security income I get is a repayment of what I contributed to the fund while I was working? If so, how much of my monthly benefit payment is my own money coming back to me? Signed: Curious Beneficiary

Dear Curious: I'm afraid that is not how Social Security works. The money you contribute to Social Security during your working years does not go into a special account to be repaid to you. Rather, the Social Security taxes you pay while working are used to pay benefits to all those currently receiving Social Security benefits.

The system is, in effect, a "pay as you go" program where all those currently contributing help pay benefits for all those now receiving. What your contributions do, however, is earn you "quarter credits" and, when you have enough credits, you become eligible for Social Security retirement benefits for life. Generally, someone must have about 40 quarters (about 10 years) contributing to Social Security to be eligible for SS retirement benefits.

How much you receive monthly is determined not by how much you contributed but, rather, by how much your work earnings were over your lifetime.

You will get a percentage of your average pre-retirement

Social Security Matters

work income as your monthly Social Security payment, but that is also affected by your age when you claim benefits. It is your average lifetime earnings (adjusted for inflation) which determines your "Primary Insurance Amount" (or "PIA"). Your PIA is what you get at your Social Security full retirement age (FRA), but your age when you claim benefits determines if you get more or less than your PIA.

Claiming SS before your FRA means a smaller monthly benefit, while waiting longer than your FRA means a benefit higher than your PIA. (SS benefits reach maximum at age 70). FYI, each person's FRA is different based on the year they were born, but full retirement age today is between age 66 and 67. When you claim benefits relative to your FRA determines how much of your PIA you will receive each month.

So, your contributions to Social Security aren't used to determine your monthly benefit amount, but your average lifetime work earnings and age when you claim are. Nevertheless, you may be interested to know that most people get back everything they have personally contributed to Social Security within about 3 to 5 years of collecting their benefits. In that sense,

Social Security is an exceptionally good deal, since most

Americans now collect benefits for about two decades. And therein lies much of Social Security's financial dilemma – people are now collecting benefits for many more years than the current program is designed to support. And that is what Congress needs to fix as soon as possible. The Social Security trust funds (which now provide supplemental money to pay benefits) are projected to be depleted around 2033, which will mean a cut in everyone's monthly Social Security payment, unless Congress acts soon to reform the program and restore it to fiscal solvency.

Russell Gloor is a national social security advisor at the AMAC Foundation, the non-profit arm of the Association of Mature American Citizens. This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

For the ones left behind

Their eyes were locked on me, reading my every thought, prying at my secrets, peering uninvited into my soul. The light over the table swayed, uncomfortably bright. Beads of cold sweat sprouted along my hairline. I braced myself for the inevitable interrogation ...

"How do you like the roast, Dump-ling?" Mom asked, with a nonchalance that belied her intrusive stare.

"Delicious, Mom," I sputtered between cheekfulls of beef and potatoes, hoping the compliment might end my ordeal.

"So, what happened at school today?" my father pressed while pushing peas around his plate.

Wide-eyed and hunched in a self-protective posture at our kitchen table, I muttered the one word that had allowed me to avoid my parents' attention for so many years: "Nuthin'."

"Well, something must've happened at school today. Here, I'll help you out. So, you stepped off the bus, and then . . .?" he badgered, mercilessly. So it went, night after night.

My brother, Tray, had gone off to the U.S. Naval Academy, leaving me home alone with my parents. For so many years, I'd flown completely under the radar. But now, my only sibling was gone.

As the first born, Tray had always carried the entire burden of my parents' expectations for their offspring. I'd been merely the unremarkable little sister of The Golden Boy, The Favorite, The Apple of Their Eye. Tray not only fulfilled but exceeded their hopes—he was a popular top athlete with gifted math and science skills, who went on to become a navy jet pilot. His obvious superiority left me free to drift contentedly through

childhood, bouncing unnoticed between mediocre and above average.

Wearing ratty Converse Chucks, hand-me-down jean cut-offs, and a camp t-shirt, I'd ride my yellow Schwinn through our neighborhood, my Kool-Aid backpack packed with a cheese sandwich, Wacky Package collector's cards, and a Thermos of Tang. On rainy days I'd stay in my room, lost in elaborate pretend scenarios, or I'd play my mother's old forty-fives on my Fisher-Price record player.

As a child, I didn't resent Tray

The Meat & Potatoes of Life



by
Lisa
Smith
Molinari

for getting all my parents' attention. Quite the contrary, I relished my quiet, comfortable, ignored existence, and happily hid in the humongous shadow of the older brother I idolized.

But then he left home, and the jig was up.

It was as if my parents, Durwood and Diane, looked through the unexpected void left by my brother's absence and noticed, "Who's that there? Is that the little chunky one? What's her name again . . .? Oh yes! It's Lisa!"

I was entering tenth grade, and suddenly I was the subject of my parents' undivided attention. Mom was now interested in what I wore, my social behavior, and how I did my hair. "Oh,

Dumpling, let's give a little height to those bangs," she would say, licking her thumb.

My dad, who had no previous interest in my athletic accomplishments, which included second-place in the standing broad jump at church camp, started showing up to all my high school swim meets. My teammates, who knew this sudden change in attention made me nervous, would alert me when Dad appeared in the chlorine-steamed stands, "Head's up, Lisa! Durwood's here!"

Night after agonizing night, I was interrogated, forced to reveal my likes, dislikes, social pursuits, academic achievements, ambitions, disappointments, hopes and dreams. Durwood and Diane took an unprecedented interest in me, having long talks about life, taking photographs of me before dances, and bragging about me to their friends.

It was like I was their kid or something. Weird.

Decades later, our youngest child, Lilly, sat defensively crouched in her chair at our dinner table, as if we were about to pummel her with dinner rolls. Hayden had been away at college for a couple of years, and Anna had left for college the week before. Lilly's instinct was telling her, the jig is up.

But I let Lilly know, there's nothing to fear. I'd lived through it myself and was there to tell the tale about how those left behind suddenly become the center of attention.

The strange people who ignored you all these years? Don't worry, they won't hurt you. They are simply your parents, and they've finally realized you are pretty darned interesting after all.

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ENCINITAS - 3BR/2.5BA 1800sf 2 car attached garage, fenced bkyrd. West of I-5. Closet to Moonlight Bch. \$6500/mo. Incl dgardner & pest control. Agt Gary 619-993-8856. Dre.#00466730.

RENTALS ROOM

IMPERIAL BCH - Furn. Nr bch, male only, frig in room, full use Indry & kitchn. No smoking, pets or overnight guests. \$1400/mo. 619-424-6133.

RENTALS STUDIOS

ESCONDIDO - Spacious studio on 1 acre of land, Military welcome! Move-in special! qualified. \$1795/mo. 619-205-9684. Marina_essex@yahoo.com

OTAY MESA - New studio, no pets, no smoking. Indry. Desirable neighborhood, transportation closed \$1350/mo. 619-808-1068.

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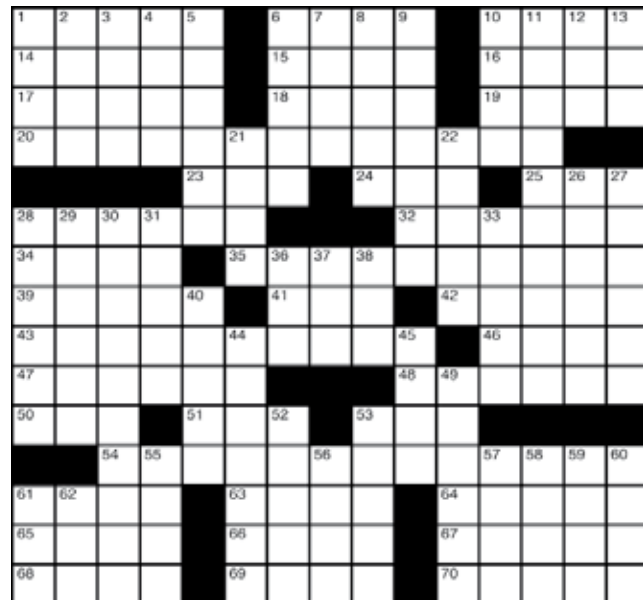
CROSSWORD PUZZLE

Across

- 1 What a regular often orders, with "the"
- 6 First of a cereal box trio
- 10 Box score number
- 14 See 5-Down
- 15 Dorothy's dog
- 16 Distinctive vibe
- 17 Sauce with basil
- 18 Like many cars sold online
- 19 "Jurassic Park" predator
- 20 Youngster, metaphorically
- 23 Antlered Yellowstone beast
- 24 Lao Tzu's "way"
- 25 ___ City: computer game
- 28 Stick a stake in, as a vampire
- 32 Dry-eyes solution
- 34 Manual filing target?
- 35 Toddler's monster deterrent
- 39 Brings on board
- 41 Luau neckwear
- 42 He played Grant on "Lou Grant"
- 43 Morning awakener
- 46 Poi source
- 47 One of four in five
- 48 Theater walkways
- 50 Before, in poems
- 51 ___ MisZrables
- 53 Hesitant utterances
- 54 Behind-the-scenes moneysource...and a hint to the start of 20-, 35- and 43-Across
- 61 Elton or Lennon
- 63 Boxer's foursome
- 64 Garlicky mayo
- 65 CNN anchor Burnett
- 66 Great Lake with the shortest name
- 67 King of rock 'n' roll
- 68 Spinning toys
- 69 Apt word found in "accident"
- 70 Tenant's contract

Down

- 1 Officials calling strikes
- 2 Trickle
- 3 Cold War initials
- 4 Italian wine region
- 5 With 14-Across, soccer's GOAT, to many
- 6 Experiencing writer's block, say
- 7 Light snack
- 8 Bit the dust
- 9 Online talk show
- 10 Fill until full
- 11 Car's blinker
- 12 "Roses ___ red ..."
- 13 Collectors' item?
- 21 Secluded valley
- 22 Eucalyptus eater
- 24 Response from the next room
- 27 Urban transit systems
- 28 Take a breath
- 29 "The Naked and the Dead" author Norman
- 30 Hook's vessel
- 31 Wide awake
- 33 Grocery shoppers' aids
- 36 Sick
- 37 Cable TV's Nat ___ Wild
- 38 Hyphenated fruit drink brand
- 40 Incense-sensing sense
- 44 Scared, with "out"
- 45 Hindu god of desire
- 49 Tel Aviv's land
- 52 Drum type
- 53 Underdog's victory
- 55 Roadside lodgings
- 56 Mary-Kate, to Ashley
- 57 Mah-jongg piece
- 58 PBS science series
- 59 Yale students
- 60 Heed a bailiff's order
- 61 Hot tub feature
- 62 Spanish gold



Armed Forces Dispatch • (619) 280-2985
Published by Western States Weeklies, Inc.
2604 B-280 El Camino Real, Carlsbad, CA 92008
E-mail: editor@navydispatch.com

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NOTICE OF PUBLIC AUCTION OF ABSENTEE RENTERS AND ABANDONED GOODS AUCTION IS SEPT. 23RD

Notice is hereby given Lock & Leave Storage, using JM AuctionOnline.com intends to sell the personal property to enforce lien imposed on said property pursuant to sections 21700-21716 of Business & Professions Code, Section 2328 of UCC section 535 of Penal Code & provisions of Civil Code on Sept. 23rd at the premises of AAA, CA. All property is sold "as is" & "with all faults" & "without warranty" expresses or implied.

Call 619-552-9460 for info

NORTH ISLAND

Barker, Darin P.	7BT1	Mcbee, Nadine	39A3
Fletcher, Ali	23A2	Moore, Megan	7A6
Johnson, Kyle	A2T1	Moss, Obadiah Enoch	22A7
Jones, Marcus L.	19A5	Unauthorized	26A1
Mader, Arno	38B2	Unauthorized	B6T1
Mailman, Jakob A.	C9T1		

NAB CORONADO

Dussault, Paul	A5T4
Unauthorized	B4T1

Health & Fitness

Enjoy the outdoors, support local farmers at one of the county's farmer's markets

At daily San Diego farmers markets in neighborhoods throughout the county, you can sample fresh-from-the-farm produce from regional farmers and tasty treats from local artisans.

For more information about farmers markets around San Diego County, visit the San Diego County Farm Bureau website at <http://www.sdfarmbureau.org/farmers-market/>. *Days and times are subject to change. Please email us any corrections: editor@navydispatch.com Subject: Farmers Market Correx*

Coronado
Coronado Certified Farmers Market
Tuesday: 2:30pm-6pm
Coronado Ferry Landing, 1201 First St at B Ave, Coronado, CA 92118

Downtown / Gaslamp Quarter
City Heights Certified Farmers Market
Saturday: 9am-1pm
On Wightman St from Fairmount Ave to 43rd St, San Diego, CA 92105
Gaslamp Artisan Market
Saturday & Sunday: 11am-4pm
Fifth Ave from Island Ave to J St. and Island Ave from Fourth Ave to Fifth Ave, San Diego, CA 92101
Little Italy Mercato Certified

Farmers Market
Saturday: 8am-2pm
501 W Date St from Kettner Blvd to Front St, San Diego, CA 92101
Tuna Harbor Docks Market
Saturday: 8am-1pm
598 Harbor Ln - Fish Harbor Pier (near Tuna Harbor), San Diego, CA 92101

Hillcrest / Uptown
Hillcrest Certified Farmers Market
Sunday: 9am-2pm
3960 Normal St from Lincoln Ave to University Ave, San Diego, CA 92103

North Park Thursday Certified Farmers Market
Thursday: 3pm-7:30pm
2900 North Park Way from 30th St to Granada Ave, San Diego, CA 92104

La Jolla
La Jolla Open Aire Market
Sunday: 9am-1pm
7300 Block of Girard Ave at Genter St, La Jolla, CA 92037

Mission Bay and Beaches
Ocean Beach Certified Farmers Market
Wednesday: 4pm-8pm
4900 Newport Ave from Cable St to Bacon St, San Diego, CA 92107
Pacific Beach Certified Farmers Market
Saturday: 8am-12pm
4150 Mission Blvd from Reed St to

Pacific Beach Blvd, PB, CA 92109
Pacific Beach Tuesday Certified Farmers Market
Tuesday: 2pm-7pm
4500 Bayard St. from Garnet Ave to Hornblend St
San Diego, CA 92109

Mission Valley and Old Town
Kearyn Mesa Certified Farmers Market
Saturday: 10:30am-2:30pm
Service Road from Lightwave Ave to Spectrum Center Blvd, San Diego, CA 92123

South Bay
Chula Vista - Otay Ranch Certified Farmers Market
Tuesday: 4pm-8pm
2015 Birch Rd. and Eastlake Blvd. Chula Vista, CA 91915

Imperial Beach Certified Farmers Market
Friday: 2pm-7pm (April - Sept.)
Friday: 2pm-6pm (Oct - March)
Imperial Beach Pier Plaza, 10 Evergreen Ave, Imperial Beach, CA 91932

South Bay Certified Farmers Market
Wednesday: 3-7pm
4475 Bonita Rd. Bonita, CA 91902

East County
Borrego Springs Certified

Farmers Market
Friday: 7am-Noon (October - April, closed May - September)
Christmas Circle, 700 Palm Canyon Dr and Borrego Springs Rd
Borrego Springs, CA 92004

La Mesa Village Certified Farmers Market
Friday: 3pm-7pm
La Mesa Blvd from Palm Ave and Allison Ave, La Mesa, CA 91942

Santee Certified Farmers Market
Wednesday: 3pm-7pm (March - October)
Wednesday: 2:30pm-6:30pm (November - February)

9600 Carlton Hills Blvd and Mast Blvd, Santee, CA 92071
Santa Ysabel Certified Farmers Market
Sunday: Noon-4pm
21887 Washington St at Hwy 78 and Hwy 79. Santa Ysabel, CA 92070

North Coastal
Carlsbad State Street Certified Farmers Market
Wednesday: 3pm-7pm (March-Oct)
Wednesday: 3pm-6pm (Nov-Feb)
2900 State St from Carlsbad Village Dr to Grand Ave, Carlsbad, CA 92008

Del Mar Certified Farmers Market
Saturday: Noon-4pm
Civic Center, 1050 Camino Del Mar, Del Mar, CA 92014

Leucadia Certified Farmers Market
Sunday: 10am-2pm
Paul Ecke Elementary, 185 Union

St, Encinitas, CA 92024
Oceanside Certified Farmers Market
Thursday: 9am-1pm
Pier View Way and Coast Hwy 101, Oceanside, CA 92054

Rancho Santa Fe Certified Farmers Market
Sunday: 9:30am-2pm
Del Rayo Village Center. 16079 San Dieguito Rd, Rancho Santa Fe, CA 92091
Solana Beach Certified Farmers Market
Sunday: Noon-4pm
444 South Cedros Ave, Solana Beach, CA 92075

North Inland
Escondido Certified Farmers Market
Tuesday: 2:30-7pm (Oct- May)
Tuesday: 2:30-7pm (June-Sept)
200 East Grand Ave from N Juniper St and S Kalmia St, Escondido, CA 92025

Fallbrook Main Avenue Certified Farmers Market
Saturday: 9:30am-2pm
100 S Main Ave from Hawthorne and Fig, Fallbrook, CA 92028
Mira Mesa Certified Farmers Market
Tuesday: 3pm-7pm (February -

October) Opens 2nd Tues in Feb. Tuesday: 3pm-6pm (Nov-Dec, closed in January)
Mira Mesa High School, 10510 Reagan Rd. San Diego, CA 92126
North San Diego (Sikes Adobe) Certified Farmers Market
Sunday: 10:30am-3:30pm
Sikes Adobe Historic Farmstead, 12655 Sunset Dr, Escondido, CA 92025

Poway Certified Farmers Market
Saturday: 8am-1pm
14134 Midland Rd at Temple St
Poway, CA 92064

Rancho Bernardo Certified Farmers Market & Specialties
Friday: 9am-1pm
Bernardo Winery, 13330 Paseo Del Verano Norte, San Diego, CA 92128

San Marcos Certified Farmers Market
Tuesday: 3pm-7pm
250 North City Dr. (between Campus Dr. and Redel Rd.), San Marcos, CA 92078

Vista Certified Farmers Market
Saturday: 8am-Noon
County Courthouse, 355 South Melrose Dr (south of Hacienda), Vista, CA 92081





Veterans Crisis Line



Military Crisis Line

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 TIMING BELT SPECIAL from \$199 <small>Most Cars. Parts & Labor included</small>	 CV JOINT AXLE from \$220 <small>Most Cars. Parts & Labor included</small>	 FUEL INJECTION SERVICE from \$89 <small>Most Cars. Parts & Labor included</small>	

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- On the right side see "Interested in volunteering?"
- Click red "Register Here" button
- Navigate to your area
- Finally, select the USO San Diego center nearest to you!

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